

HOW TO BUILD YOUR EMERGENCY KIT

Having a list always makes things easier. Here are some items you and your loved ones may need for daily care and safety.

YOUR KIT LIST:

HEALTH & WELLNESS

- Medications
- Eyeglasses
- Contact lenses
- Contact solution
- Hearing aids
- Hearing aid batteries

CLOTHING

- Sleepwear
- Jackets, gloves and hats
- Daily clothing
- Undergarments

FOOD AND WATER

- Bottled water
- Packaged food
- Baby food or formula
- Canned food

FINANCIAL ITEMS

- Cash
- Insurance information
- Bank account information
- Personal identification
- Birth certificates
- Driver's licenses
- Social security card

IMPORTANT PHONE NUMBERS

- Family member
- Primary care physician
- Pediatrician
- Insurance agents
- Fire department
- Police department
- Kids' schools
- Work contacts

TECHNOLOGY

- Cell phone
- Extra cell phone
- Chargers or reserve power banks
- Portable, battery-powered emergency radio
- Extra batteries

SUPPLIES

- First aid kit
- Flashlight
- Multi-tool pocket knife
- Flares
- Non-electric can opener
- Sturdy rope
- Duct tape
- Whistle
- Blankets
- Sanitation supplies

WHERE TO PUT YOUR EMERGENCY KIT

After you've gathered all your disaster supplies, it's time to assemble your kit. Place each item into a sturdy, waterproof container. Then, store your container in a place that can be easily accessed in an emergency, like a closet near the front door or near your garage.



1-866-539-5971

ServiceMasterRestore.com